

# **POST SPAY/NEUTER INSTRUCTIONS**

*NO STITCHES! SURGICAL GLUE APPLIED*

**NO BATHING FOR 10 DAYS!**

## **Following your dog/cat surgery:**

Most animals will be lethargic from the lingering effects of the anesthetic. Each animal will rid its system of these drugs at different rates. Keep the activity level reduced during the healing process. If there are any other animals in the house, please keep them separated as the other animal(s) may try to lick the incision, which can cause irritation to the incision site and possibly even lick off the skin glue or bite at the stitches. The incision will take 10-14 days to fully heal under ideal circumstances, so keep the incision protected (use e-collar to prevent licking, keep pets separated, reduce activity, avoid bathing) for this period of time.

## **Food and Water:**

Anesthesia may cause lingering nausea after surgery. Offer a small amount of water about an hour after your pet arrives home. If no vomiting occurs, you may offer your pet a small portion of food (approximately ¼ of a normal meal). If your pet acts hungry and consumes the food without vomiting, you may offer more food in small increments. Most pets are not expected to eat a full meal the night of surgery.

## **Monitor your pet:**

During the healing process, please keep your pet in a clean, dry environment to ensure proper healing. It is recommended to check the incision daily for possible problems. Some redness and swelling is expected at the incision site. If there is a cause for concern at the incision site (Example: Excessive redness and/or swelling, discharge coming out of the incision and/or the incision is open), please return to have the incision checked by our vet staff if you purchased an E-Collar. If you did not purchase an E-collar, please take your animal to your own veterinarian.

## **E-Collar:**

An E-Collar (Elizabethan Collar) is a great tool to prevent your pet from licking the incision and is HIGHLY recommended. If you choose to purchase an E-Collar for your pet, it is recommended to keep it on your pet at all times when you are not able to monitor your pet.

## **Stitch Removal/Incision Check**

Clinic staff is available for stitch removal, or incision check **ONLY** if you have purchased an E-collar.

## **Riverside Clinic Stitch Removal & Incision Checks**

Monday through Saturday 10:00am to 4:00pm No appointment needed but recommended. Closed Sunday and all county holidays.

In the event that your pet needs an incision to be checked after regular business hours, you will need to visit a private veterinarian or an emergency clinic.

The nearest emergency clinic is:

## **Animal Emergency Clinic**

12022 La Crosse Ave Grand Terrace, CA 92313

Phone: (909) 783-1300